

Self-Confidence: Self-assured. Contributes and adds value. Self-reliant. Unfazed by challenges.

Regard for others: Shows confidence in others. Trusts, values and appreciates colleagues. Is supportive and kind.

Emotional Regulation: Responds appropriately. Composed under pressure. Regulates behaviour. Emotionally consistent.

Social Awareness: Observant and attentive. Considerate of others. Identifies and attends to mood changes in others.

Emotional Awareness: Understands own emotions. Mindful of their reactions. Approachable. Reflective and intuitive.

Collaboration: Enjoys working with colleagues and having a sense of belonging. Promotes group activities. Looks for opportunities to network.

Perseverance: Persistent. Bounces back. Deals with what is in front of them. Thrives during periods of uncertainty.

Recognition: Recognises the performance of others. Praises quality work. Driven by achievement. Responds well to praise.

Self-Esteem: Sense of internal worth. Clear purpose. Recognises own strengths. Speaks positively about themselves.

Autonomy: Feels empowered and in control. Self-sufficient. Makes own decisions. Organises workload. Recognises their sense of choice.

Adaptability: Seeks views and ideas. Challenges work practices. Tests assumptions. Copes with limited information.

Growth: Prioritises personal development. Seeks opportunities to grow. Enjoys challenge. Benchmarks against high performers.

Assertiveness: Delivers messages with authority. Has clear opinions and ideas. Has a positive impact on others. Controls situations.

Reward: Driven by rewards. Competitive to achieve results. Single minded in focus. Seeks to improve performance.

Optimism: Positive outlook. Upbeat under pressure. Focuses on what they enjoy. Excited about possibilities.

Well-Being: Enjoys a range of pursuits. Seeks work/life balance. Takes time out to re-energise. Concerned about the well-being of colleagues.

Unbiased: Objective and rational. Calm and calculated. Considers problems. Separates emotions when making decisions.

Purpose: Energised by purpose. Seeks feedback. Monitors performance. Wants to make a difference.

